



Beverley Chalmers

618.3206  
C438F  
2017  
c.1

# Family-Centred Perinatal Care

Improving pregnancy, Birth and Postpartum Care

CAMBRIDGE

Medicine

# Contents

*Foreword by Murray Enkin* viii

*Preface* xi

---

## Part I Overview

- 1 **Executive Summary** 3
- 2 **An Introduction to Family-Centred Perinatal Care** 9

## Part II From Pregnancy to Parenthood

- 3 **Pregnancy and Birth Are Normal, Healthy Processes** 17
- 4 **Care of Families after Normal Birth** 34
- 5 **Care of Sick or Preterm Newborns and Their Families** 44

## Part III Practicing Family-Centred Care

- 6 **Clinical Care: Evidence-Based Family-Centred Care** 61
- 7 **Psycho-Socially Sensitive Care** 69
- 8 **Including Families in Care** 81
- 9 **Inter- and Multi-Professional Care** 86
- 10 **Culturally Appropriate Care** 92
- 11 **Is There a 'Universally Ideal Birth'?** 107

## Part IV Meeting Professional Standards

- 12 **Abuse in Obstetric and Gynaecological Care** 119
- 13 **Monitoring, Evaluation and Research** 128
- 14 **Goals, Ethics and Rights in Family-Centred Perinatal Care** 136

## Part V An Unfinished Agenda

- 15 **Best Practices from Global Settings** 147
  - 16 **The Road Ahead** 155
- 

*Appendix: Family-Centred Care Monitoring Questions* 162

*Individual Caregiver Questions* 163

*Institutional Questions* 168

*Women's Questions* 172

*Notes* 177

*Bibliography* 199

*Index* 217